

Connect Four Complete activities on the board. Try to get four in a row by the end of the week!			
make your bed	call or text a family member	practice writing your name	do yoga
read or look at a book	count how many rolls of toilet paper you have	learn how to say hello in another language	check the mail
build a tower of cups	watch a read-aloud online	do 20 jumping jacks	decorate a neighbor's driveway with chalk
go for a 15 minute walk	help cook dinner	try to find \$1.00 in coins	practice typing your phone number