

Explore Behaviour Support

Explore will provide immediate wellbeing and behaviour support advice, support, risk assessment and safety planning to anyone eligible for disability support services. In response to COVID-19, Explore is able to offer immediate support and advice to families who have a child with a disability. This helpline support is available from 8am to 8pm Monday to Friday by calling 0800 000 421.

You do not need a referral from Taikura Trust to access these services, however, you will need to advise Explore who your NASC (Needs Assessment Service Coordination) is – this may be Taikura for you.

Families do not need to be current Explore clients, and do not need to contact their NASC. They do need to meet MoH eligibility criteria for disability support.

Please call this number if:

- You and your child are finding things particularly difficult under the conditions of social distancing and community lockdown
- You are seeking short-term, practical strategies that you can use to support your child's wellbeing and behaviour
- Your child is eligible for disability support services

Explore will work with you to understand the difficulties you and your child are experiencing and what you can do to make daily life run more smoothly over this time.

Explore now also provides free 1-on-1 virtual support for disabled and autistic people, their whānau, To talk with one of our specialists virtually and find out how best to support someone to manage anxiety and distress related to the COVID-19 vaccination, phone our 0800 number any time Monday to Friday between 9:00 am – 5:00 pm. When you phone our 0800 number, you will To access this individual support, call: 0800 000 421