

# Quarantine Jamming



Great news, free JUMP JAM routines available online, during this lockdown period. Want to have some fun today? Turn up your speakers and tighten your sneakers, Brett is ready to JUMP JAM with you from his home in Mt Maunganui.

Please note: We do not own the music and recommend purchasing the original songs, if you want to keep doing these routines later.

<https://www.jumpjam.co.nz/lockdown21/>